

PLEASE READ THE FOLLOWING INSTRUCTIONS

Procedure: \_\_\_\_\_

Procedure Date & Time: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Keck Medicine of USC  
Toyota Sports Performance Center;  
555 N. Nash Street, Suite B  
El Segundo, California 90245

#### Location and General Information

Your procedure is being performed at the above location. Failure to follow these instructions may result in cancellation of your procedure. If you have any questions, please call our office at 310-726-0233.

#### Timing

On the Procedure day, allow about 30 minutes for your procedure. You may notice your arrival time is 15 minutes before the scheduled time for your procedure. You should expect to be observed for about 10-15 minutes after your procedure.

#### Diet

During most procedures, you will be lying on your stomach. For that reason, please keep your meals light prior to coming in for the procedure.

#### Medication Information

Do NOT stop any your medications, continue taking them all as directed.

#### GENERAL INSTRUCTIONS FOR YOUR PROCEDURE:

- The physicians and staff encourage you to actively participate in your care. You are reminded to disclose relevant medical and health information to the physicians and staff to facilitate appropriate care delivery. Please report unexpected changes in your condition or health status to the physicians and staff. Finally, please question any variation in medications, treatment or plan of care that differs from what you or your family may have expected.
- If you are having an **ACTIVE INFECTION** (cold, flu or bladder) please notify the office in order to reschedule the injection.
- If you are **ALLERGIC TO X-RAY DYE, NUMBING MEDICATION OR STEROID**, please notify our office.
- If you are a menstruating female or have been post-menopausal for less than 1 year, you will be asked to take a urine pregnancy test at our facility prior to your procedure due to the fact that x-ray is used during the procedure.

For your return follow-up visit, your appointment has been scheduled for \_\_\_\_\_

It is important that you keep this appointment.

If you have any questions, please call 310-726-0233